

**Australian Journal of Clinical and
Experimental Hypnosis Editions 2000-2008**

Volume 36, Number 1
May, 2008

Editorial, iii

WAKING DREAMS: HYPNOTICALLY FACILITATED PSEUDO NEAR-DEATH
EXPERIENCES

Paul W. Schenk, 1

A CASE STUDY OF CHRONIC POST-TRAUMATIC STRESS AND GRIEF: HYPNOSIS
AS AN INTEGRAL PART OF COGNITIVE-BEHAVIOUR THERAPY

Ramony Chan, 13

INTRODUCING HYPNOSIS FOR PAIN MANAGEMENT TO YOUR PRACTICE

Wendy-Louise Walker, 23

HYPNOSIS TO ENHANCE TIME LIMITED COGNITIVE-BEHAVIOUR THERAPY FOR
ANXIETY

Maria Nolan, 30

"I'VE NEVER FELT LIKE THAT BEFORE" - HYPNOSIS FOR SLEEP PROBLEMS AND
DEPRESSION IN A 10-YEAR-OLD BOY

Kathryn Tiffen, 41

PROTRACTED HYPNOTIC REST

Eugen Hlywa, 50

HYPNOSIS IN THE TREATMENT OF SOCIAL PHOBIA

Janet Rogers, 64

SCRIPTS

THE ROBOT STORY

Norman Shum, 69

FALLING ASLEEP

Kathryn Tiffen, 77

HYPNOSIS ANTENATAL TRAINING FOR CHILDBIRTH (HATCH): INTERVENTION
SCRIPT 3

Allan Cynd, Marion I. Andrew, and Celia Whittle, 80

METAPHOR DISABILITY

Helen Rowe, 87

REVIEWS, 90

Volume 35, Number 2
November, 2007

Editorial, iii

RECOVERED MEMORIES OF CHILDHOOD SEXUAL ABUSE: SOCIAL WORKER,
PSYCHOLOGIST, AND PSYCHIATRIST REPORTS OF BELIEFS, PRACTICES, AND
CASES

Ellen Legault and Jean-Roch Laurence, 111

FOSTERING POSITIVE ATTITUDES TOWARDS HYPNOSIS THROUGH A MEASURE
OF MENTAL IMAGERY ABILITY

Calvin Kai-Ching Yu, 134

THE EFFECT OF EMOTIONAL AROUSAL ON RECALL AND INTERROGATIVE
SUGGESTIBILITY

Colette Roos and Kathryn Gow, 150

POWER BREAK: A BRIEF HYPNORELAXATION PROGRAM TO REDUCE WORK-
RELATED FATIGUE AND IMPROVE WORK SATISFACTION, PRODUCTIVITY, AND
WELL-BEING

Gerard A. Kennedy and Harry Ball, 169

REFLECTIONS: THE ESSENCE OF THERAPY - AS OLD AS TIME

Harry Stanton, 194

ABOUT SPONTANEOUS TRANCE AND THE USE OF INTROJECTS OR EGO STATES
AS HELPERS IN HYPNOTHERAPY

Jens-Jorgen Gravesen, 202

HYPNOSIS IN HANDLING UNFINISHED BUSINESS IN BEREAVEMENT

Salina Ho, 220

SCRIPTS

HYPNOSIS ANTENATAL TRAINING FOR CHILDBIRTH (HATCH): INTERVENTION
SCRIPT 2

Allan Cyna, Marion Andrew, and Celia Whittle, 234

COMPLEX PAIN

Helen Rowe, 243

REVIEWS, 248

Volume 35, Number 1
May, 2007

Editorial, iii

THE PLACE OF HYPNOSIS IN PSYCHIATRY, PART 2: IT'S APPLICATION TO THE
TREATMENT OF SEXUAL DISORDERS

Tom Kraft and David Kraft, 1

A CASE STUDY ANALYSIS OF MEASURES OF SELF-DEFEATING EATING AND
HYPNOTISABILITY

Susan Hutchison-Phillips, Kathryn Gow, and Graham A. Jamieson, 19

CHRISTIANITY AND HYPNOSIS: PERSONAL REFLECTIONS

John Spring, 42

JUST IN CASE: GAINING A SENSE OF CONTROL OF DETRUSOR INSTABILITY
THROUGH HYPNOTHERAPY

Tara B. Economakis, 54

USING HYPNOSIS WITH A BATTERED WOMAN WITH POST-TRAUMATIC STRESS
DISORDER

Maggie Wai-ling Poon, 63

CASE NOTE

USING VAK AS A RELAXATION STRATEGY

Darryl Maybery and Andrea Reupert, 75

SCRIPTS

POWER BREAK™ SCRIPT

Gerard A. Kennedy and Harry Ball, 80

HYPNOSIS ANTENATAL TRAINING FOR CHILDBIRTH (HATCH): INTERVENTION
SCRIPTS 1 AND 4

Allan M. Cyna, Marion I. Andrew, and Celia Whittle, 83

ABSORPTION – PCI TESTING PROCEDURE

Graham A. Jamieson, 95

REVIEWS, 99

Volume 34, Number 2
November, 2006

Editorial, iii

CHANGE OF ATTITUDES TOWARDS HYPNOSIS: EFFECTS OF COGNITIVE-BEHAVIOURAL AND TRANCE EXPLANATIONS IN A SETTING OF HETERO-HYPNOSIS
Antonio Capafons, Maria-Luisa Selma, Sonia Cabañas, Begoña Espejo, Ana Alarcón, María-Elena Mendoza, and Yael Nitkin-Kaner, 119

SOURCES OF INFORMATION ABOUT HYPNOSIS AND ATTITUDES TOWARDS BEING HYPNOTISED IN HONG KONG
Calvin Kai-ching Yu, 135

CHANGE OF ATTITUDES TOWARDS HYPNOSIS AFTER A TRAINING COURSE
José Antonio Molina and M. Elena Mendoza, 146

ATTITUDES AND OPINIONS ABOUT HYPNOSIS IN AN AUSTRALIAN CITY
Kathryn Gow, Carla Mackie, Dianne Clohessy, Tamara Cowling, Robyn Maloney and David Chant, 162

THE PLACE OF HYPNOSIS IN PSYCHIATRY: ITS APPLICATIONS IN TREATING ANXIETY DISORDERS AND SLEEP DISTURBANCES
Tom Draft and David Kraft, 187

THE APPLICATION OF HYPNOSIS IN THE TREATMENT OF A WOMAN WITH COMPLEX TRAUMA
Priscilla S.K. Kwan, 204

SCRIPTS

TRICKING TRICHOTILLOMANIA
James Auld, 216

SAILING THE LITTLE WHITE BOAT: A SCRIPT FOR MASTERY
Gerard A. Kennedy, 219

SETTLING IN AUSTRALIA: A METAPHOR
Linda Pullen, 222

WRITING SONGS: POSITIVE SUGGESTIONS
Linda Pullen, 224

REVIEWS, 226

Volume 34, Number 1
May, 2006

Editorial, iii

Letters to the Editor, iii

BRIDGING THE GAP BETWEEN PRACTITIONERS AND RESEARCHERS: A
CONVERSATION ANALYTIC APPROACH TO HYPNOSIS
Hellene T. Demosthenous, 1

A COMPARISON OF MIDWIVES' KNOWLEDGE OF, AND ATTITUDES TO, HYPNOSIS IN
HOSPITALS WITH AND WITHOUT A HYPNOTHERAPY SERVICE
Yen Juey and Allan M. Cyna, 17

A PRENATAL HYPNOTHERAPEUTIC PROGRAMME TO ENHANCE POSTNATAL
PSYCHOLOGICAL WELLBEING
Tharina Guse, Marié P. Wissing, and Woltemade Hartman, 27

ASSESSING ALLEGATIONS OF SEXUAL ASSAULT DURING HYPNOSIS AND RELATED
PROCEDURES
Michael Heap, 41

HYPNOSIS AND PHANTOM LIMB PAIN
Ramony Chan, 55

CASE NOTES

HYPNOSIS: AN ADJUNCT TO COGNITIVE BEHAVIOUR THERAPY
Janet Rogers, 65

WORKING WITH THE INNER ANIMALS IN VISUALISATION
Kaare Claudewitz, 71

SCRIPTS

TRUE GRIT: WE NEED TO QUIT – A HYPNOTIC SCRIPT
Ted Graham, 82

RAINBOW
James M. Auld, 93

SKIPPING OUT ON THE DENTIST
Kathryn Gow, 98

INDIRECT HYPNOSIS WITH METAPHOR
James Auld, 101

REVIEWS, 110

Volume 33, Number 2
November, 2005

Editorial, iii

THE MODIFIED TELLEGEN ABSORPTION SCALE: A CLEARER WINDOW ON THE
STRUCTURE AND MEANING OF ABSORPTION

Graham A. Jamieson, 119

THE USE OF HYPNOSIS IN MODIFYING IMMUNE SYSTEM RESPONSE

Paul Neumann, 140

SOME EFFECTS OF HYPNOSIS ON NEGATIVE AFFECT AND IMMUNE SYSTEM
RESPONSE

Norman R. Barling and Susan J. Raine, 160

A LESSON FOR CLINICIANS: SEEKING WISDOM IN HYPNOTHERAPY

William W. Pitty, 178

TRAUMA CLIENTS: HOW UNDERSTANDING DISINTEGRATION CAN HELP TO
RESTORE RESOURCEFULNESS OF THE SELF

Marek J. Celinski and Kathryn M. Gow, 195

THE USE OF HYPNOSIS FOR IRRITABLE BOWEL SYNDROME

Annette J. Brock, 218

SCRIPTS

“SPECIAL PLACE OF BLISS” IMAGERY: A SCRIPT FOR FACILITATING PROBLEM
SOLVING

Patrick McCarthy, 232

REVIEWS, 239

Volume 33, Number 1
May, 2005

Editorial, iii

ADULT SURVIVORS OF CHILDHOOD SEXUAL ABUSE: TRIGGERS TO REMEMBERING
Leigh Hodder-Fleming and Kathryn Gow, 1

APPLYING ERICKSONIAN LANGUAGING AND NLP PRINCIPLES TO EDUCATIONAL
SETTINGS
Andrea Reupert and Darryl Maybery, 24

AFTER THE ACCIDENT: HYPNOTHERAPY IN THE PSYCHO-LEGAL CONTEXT
Paul Cummins, 36

ANXIETY, MEMORY ENHANCEMENT, AND HYPNOSIS: A CASE STUDY
Nicole Detering, 64

THE USE OF HYPNOSIS IN THE TREATMENT OF POST-TRAUMATIC STRESS
DISORDER IN A FEMALE CORRECTIONAL SETTING
Nadia Salerno, 74

THE USE OF HYPNOSIS IN THE TREATMENT OF PTSD
Christine Carter, 82

POST-TRAUMATIC STRESS DISORDER, CRIME, AND TRANCE
Meg Perkins, 93

THE RIGHT WAY TO SCRATCH HOGS! REFLECTIONS OF AN APPRENTICE
HYPNOTIST
Susan Hutchinson-Phillips, 98

REVIEWS, 107

BOOKS AVAILABLE FOR REVIEW, 117

Volume 32, Number 2
November, 2004

Editorial, iii

THERAPIST SEXUAL FEELINGS IN HYPNOTHERAPY: MANAGING THERAPEUTIC
BOUNDARIES IN HYPNOTIC WORK

Cheri Adrian, 127

SEXUAL RELATIONSHIPS WITH PATIENTS AND EX-PATIENTS: THE NEED FOR MORE
EXPLICIT ETHICAL GUIDELINES

Douglas Farnill, 140

USE OF GROUP HYPNOSIS TO IMPROVE ACADEMIC ACHIEVEMENT

Elliott H. Schreiber and Pamela Ann McSweeney, 153

HYPNOTIC PREPARATION OF A MOTHER-TO-BE

Ester German, 157

UTILISING HYPNOSIS FOR PALLIATIVE CARE: THE CASE OF PB

Leonie Zadow, 170

HYPNOSIS AND MEMORY OF ABUSE

Kasia Kozłowska, 189

USING HYPNOSIS IN EMOTIONAL DECISION MAKING

Therese Kazmierczak, 206

HYPNOSIS FOR EGO-STRENGTHENING AND REBUILDING OF SELF

Soo Ling Tang

BOOK REVIEW, 224

BOOKS AVAILABLE FOR REVIEW, 226

Volume 32, Number 1
May, 2004

Editorial, iii

SELF-ESTEEM, HYPNOSIS, AND EGO-ENHANCEMENT
Simon P. Stafrace, 1

KNOWLEDGE, ATTRIBUTES, AND BELIEFS ABOUT CLINICAL HYPNOSIS
Norman R Barling and Danielle A.G. De Lucchi, 36

HYPNOSIS IN THE TREATMENT OF MIGRAINE
Renata Kukuruzovic, 53

HYPNOSIS WITH ECZEMA
Susan Raine, 62

HYPNOSIS AND CBT WITH DEPRESSION AND ANXIETY
Ester German, 71

HYPNOSIS AND SMOKING
Pamela Rosewarne, 86

HYPNOSIS IN THE MANAGEMENT OF ACUTE PERSISTENT PAIN: SUPPORT FROM
THE RECENT LITERATURE
Penelope W. Svensson, 103

CASE NOTES, 111

BOOKS AVAILABLE FOR REVIEW, 126

Volume 31, Number 2
November 2003

Volume 31, Number 1
May, 2003

Editorial, iii

HYPNOSIS WITH TREATMENT FOR THE ANXIETY DISORDERS
Barry J Evans and Greg J Coman, 1

USING HYPNOSIS IN THE PAEDIATRIC ONCOLOGY SETTING
Christina Lioffi, 32

HYPNOSIS IN A CASE OF PRIMARY ENURESIS
Trevor Mazzucchelli, 41

HYPNOSIS FOR POST-TRAUMATIC STRESS DISORDERS
Barry J Evans, 54

INDUCTION OF LABOUR USING SWITCHBOX IMAGERY DURING HYPNOSIS
Allan M Cyna and Marion L Andrew, 74

CASE NOTES, 88

BOOKS AVAILABLE FOR REVIEW, 93

Volume 30, Number 2
November, 2002

A REVIEW OF HYPNOSIS IN THE TREATMENT OF PARASOMNIAS: NIGHTMARES,
SLEEPWALKING, AND SLEEP TERROR DISORDERS

Gerard A Kennedy, 99

HYPNOSIS IN THE TREATMENT OF CHRONIC PAIN: AN ECOSYSTEMIC APPROACH

Catherine Cosser, 156

A SINGLE SESSION OF HYPNOSIS AND EMDR IN THE TREATMENT OF CHRONIC PAIN

Patricia Ray and Andrew Page, 170

WHEN THE UNCONSCIOUS HAS BEEN LEFT IN THE WRONG HANDS

Annette Allman, 179

HYPNOSIS AS AN ADJUNCT TO HABIT REVERSAL in the TREATMENT OF CHRONIC
FACIAL TICS

Trevor Mazzucchelli, 188

TREATING DENTAL NEEDLE PHOBIA USING HYPNOSIS

Michael Gow, 198

BOOK REVIEW, 203

BOOKS AVAILABLE FOR REVIEW, 207

Volume 30, Number 1
May, 2002

THE EFFECTIVENESS OF A HYPNOTIC EGO-STRENGTHENING PROCEDURE FOR
IMPROVING SELF-ESTEEM AND DEPRESSION

Nicole E Lavertue, VK Kumar, and Ronald J Pekala, 1

IS THE USE OF HYPNOSIS DURING CHILDBIRTH PREPARATION ASSOCIATED WITH
BENEFICIAL OBSTETRIC AND PSYCHOLOGICAL OUTCOMES?

Lisa Irving and Sheryl Pope, 24

HYPNOSIS IN CHILDBIRTH

Kate Moore and Graham Burrows, 35

HYPNOSIS AND CLIENT RESISTANCE

Ian Jennings, 45

HYPNOSIS AND CHRONIC PAIN

Monica Moore, 56

HYPNOSIS IN THE REBUILDING OF SELF FOLLOWING MARRIAGE BREAKDOWN

Colleen Wilson, 66

HYPNOSIS AND UNRESOLVED GRIEF

Delma Gordon, 73

HYPNOSIS, TRAUMA, AND ANXIETY

Susan Barnard, 78

BOOK REVIEW, 92

BOOKS AVAILABLE FOR REVIEW, 97

Volume 29, Number 2
November, 2001

HYPNOSIS IN AUSTRALIA 40 YEARS AGO: RECOLLECTIONS OF GORDON HAMMER,
MARTIN ORNE, AND PHILIP SUTCLIFFE
Campbell Perry, 83

HYPNOSIS AND POST-TRAUMATIC STRESS DISORDER
Monica Moore, 93

BRIEF HYPNOSIS FOR NEEDLE PHOBIA
Steve Morgan, 107

HYPNOSIS FOR FEAR OF FLYING
Elliott Schreiber, 116

HYPNOSIS IN THE MULTI-MODAL TREATMENT OF CHRONIC ANXIETY
Wendy Ellsmore, 122

I'VE GOT YOU UNDER MY SKIN: HYPNOSIS FOR DERMATITIS AND UNREQUITED
LOVE
Anne Hollingworth, 131

HYPNOSIS FOR ANXIETY REDUCTION AND EGO-ENHANCEMENT
Helen Baker, 147

SUGGESTION AND DEGREE OF PLEASANTNESS OF RAPID SELF-HYPNOSIS AND ITS
ABBREVIATED VERSION
Isabel Reig, Antonio Capafons, Augustin Bayot, and Antonio Bustillo, 152

BOOKS AVAILABLE FOR REVIEW, 165

Volume 29, Number 1
May, 2001

TOUCHING THE UNSEEN: AN INVESTIGATION OF HYPNOTIC CONFLICT
David Mallard and Richard Bryant, 1

REPRESSION: R.I.P.
John H Court and Pamela C Court, 8

HYPNOSIS AND SIMPLE PHOBIA
Steve Morgan, 17

HYPNOSIS IN THE TREATMENT OF AN EATING DISORDER
Robert Segal, 26

USING IMAGINATIVE INVOLVEMENT TO HELP A CHILD CONTROL HIS BEHAVIOUR
Anne Hollingworth, 37

HYPNOSIS USED IN THE TREATMENT OF A CHRONIC PAIN CONDITION
Wendy Nield, 52

HYPNOSIS IN THE TREATMENT OF A BANK HOLD-UP VICTIM
Tania Lioulios, 60

THE BEST OF BOTH WORLDS: COMBINING TRADITIONAL AND ERICKSONIAN
HYPNOSIS
Susan L Bady, 68

BOOK REVIEWS, 78

BOOKS AVAILABLE FOR REVIEW, 81

Volume 28, Number 2
November, 2000

MEASURING DISSOCIATION: COMPARISON OF ALTERNATIVE FORMS OF THE
DISSOCIATIVE EXPERIENCES SCALE

Daniel Wright and Elizabeth Loftus, 103

PERCEPTIONS OF ALLEGED SEXUAL ASSAULT DURING THERAPY

Danielle A Matsuo, Amanda J Barnier and Devin M McConkey, 127

SELF-HYPNOSIS REVISITED: MUCH ADO ABOUT NOTHING

Karin Hannigan, 138

HYPNOTIC ANALGESIA OF SPINAL CORD INJURY PAIN

Mark Jensen and Joseph Barber, 150

HYPNOSIS AS AN ADJUNCT TO TINNITUS RETRAINING THERAPY IN THE
TREATMENT OF PERSISTENT TINNITUS

Maria Harasymczuk, 159

USE OF HYPNOSIS IN PAIN MANAGEMENT AND POST-TRAUMATIC STRESS
DISORDER

Danielle Jiranek, 176

THE MEANING OF TRAUMA: HYPNOSIS AND PTSD

Christine French, 188

INDEX 1997-2000, 200

BOOKS AVAILABLE FOR REVIEW, 205

Volume 28, Number 1
May, 2000

Editorial, iii

OBITUARIES, 1

MEMORY AND FALSE MEMORY

VICISSITUDES OF MEMORY:
FALSIFICATION AND FALSE MEMORY SYNDROME
Cam Perry, 4

REMEMBERING TRAUMA OR THE TRAUMA OF "REMEMBERING"?
Richard A Bryant, 21

AN ALTERNATIVE VIEW:
RECOVERED MEMORIES AND THE AUSTRALIAN COURTS
Ellis S Magner, 30

SEXUAL RELATIONSHIPS WITH FORMER PATIENTS:
PREVALENCE, HARM, AND PROFESSIONAL ISSUES
Douglas Farnill, 42

HYPNOSIS, GRIEF, AND MOURNING
Gary R Elkins, 61

HYPNOSIS IN A CASE OF VOCATIONAL COUNSELLING
Andrea Reupert and Darryl Maybery, 74

THE EFFECTS OF AN EDUCATIONAL LECTURE ABOUT HYPNOSIS
Russell Hawkins and Joanna Bartsch, 82

CASE NOTES, 100